# **DONATE TO THE CAMPUS PANTRY!**



# **PROTEINS**

- Canned Meats (tuna, chicken, salmon)
- □ Canned Beans
- Dried Beans or Lentils
- □ Nuts
- □ Seeds
- Peanut Butter

#### **GRAINS**

- □ Cereal (12.5oz or larger)
- Rolled Oats/Oatmeal
- □ Rice
- Quinoa
- Bulgar
- Pasta
- Popcorn
- $\Box$  Crackers (single serve)
- □ Chips (single serve)

# **CANNED GOODS**

- □ Soups/Stews
- □ Chili
- Pasta Sauce
- □ Fruit (peaches, oranges, mixed)
- Vegetables
- □ Tomatoes
- □ Tomato Sauce
- □ Ravioli/Spaghetti
- □ Sloppy Joe Sauce

## **OTHER**

- □ Dried Spices and Herbs
- □ Hamburger Helper
- □ Dried Fruit and Raisins
- Granola
- □ Jelly
- □ Baking supplies (flour, sugar, jello)
- □ Coffee

In-Kind donations can be dropped off at the Student Union Information Desk

The Pantry also accepts tax deductible, monetary donations online at: http://bit.ly/2wHuzie

### FIND US ONLINE: CAMPUSPANTRY.ARIZONA.EDU

**CONNECT WITH US:** 



: @UACAMPUSPANTRY

: UOFACAMPUSPANTRY@GMAIL.COM